

# JULY 2020 INFANT LUNCH MENU 1130-0001

6-12 months

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Breast Milk or iron-fortified formula Ground Chicken Breast Bananas	Breast Milk or iron-fortified formula Ground Turkey Breast Mashed Potatoes Peaches	EACN CLOSED
6	7	8	9	10
Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Peaches	Breast Milk or iron-fortified formula Pinto Beans Peas Mixed Fruit	Breast Milk or iron-fortified formula Ground Chicken Breast Cooked Carrots Bananas	Breast Milk or iron-fortified formula Ground Turkey Breast Mashed Potatoes Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sticks (1/4" cut pieces) Applesauce
13	14	15	16	17
Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Peaches	Breast Milk or iron-fortified formula Pinto Beans Cooked Carrots Mixed Fruit	Breast Milk or iron-fortified formula Ground Chicken Breast (Provolone) Broccoli, Pears	Breast Milk or iron-fortified formula Ground Turkey Breast (cut), Green Beans Applesauce	Breast Milk or iron-fortified formula Mozzarella Cheese Sticks (1/4" cut pieces) Cooked Carrots, Pears
20	21	22	23	24
Breast Milk or iron-fortified formula Ground Turkey Breast Peas Peaches	Breast Milk or iron-fortified formula Black Beans Yams Applesauce	Breast Milk or iron-fortified formula Ground Chicken Breast Cooked Carrots Pears	Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Applesauce	Breast Milk or iron-fortified formula Mozzarella Cheese Sticks (1/4" cut pieces) Broccoli, Mixed Fruit
27	28	29	30	31
Breast Milk or iron-fortified formula Ground Turkey Breast Squash Pears	Breast Milk or iron-fortified formula Pinto Beans Yams Bananas	Breast Milk or iron-fortified formula Ground Chicken Breast (Provolone), Cooked Carrots Peaches	Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Bananas	Breast Milk or iron-fortified formula Mozzarella Cheese Sticks (1/4" cut pieces), Peas Pears

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED, PARENT'S CHOICE W/ IRON FORMULA IS OFFERED

\*Solid foods are gradually introduced, all solid foods must be pureed/chopped according to the child's developmental abilities.